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## MONTHLY NEWSLETTER

### EDITORIAL

In the last month we have seen success at the NWL Young Athletes cross-country league (report below), and held a very successful Open Meeting. Full results from both should be available on our website shortly. Many thanks to all who competed, officiated and generally helped at our Open, these are developing into an important fixture in the athletics calendar, not only for athletes at our club but to many others. We hope to hold an end of season Open Meeting on 16<sup>th</sup> September, so watch this space!

Good news for our Womens track team! Although investigations continue, it now looks likely that we will be able to field a combined team with Barnet & District .

### TRACK AND FIELD

Later on this month the first track fixtures take place on 25<sup>th</sup> April – Southern Womens at Richmond and LICC at Copthall.

It is important to support your club at these events so please make every effort to compete as often as possible. For those youngsters who are not sure what they can compete in, either talk to your coach or contact me.

Southern Men's League (Team manager Richard Priestley )

Southern Women's League (Team Manager Juliet Kavanagh) - senior and U17 women (competing as seniors)

Young Athlete's League (Team Manager Graham Norris) – U13/U15/U17 Boys & Girls

LICC - seniors primarily, although others can compete - men and women

### ENTRY REMINDERS

Middlesex Championships (9<sup>th</sup> & 10<sup>th</sup> May) entry closing date is 28<sup>th</sup> April, information and entry forms at [www.middlesexaa.org.uk](http://www.middlesexaa.org.uk)

Oxford 5 star and 10 step (24<sup>th</sup> May), highly recommended. For Young Athletes born between 1/9/1995 and 8/6/2001). Closing date for entry 11<sup>th</sup> May, information and entry forms at [www.oxfordcityathleticclub.com](http://www.oxfordcityathleticclub.com).

## NORTH WEST LONDON YOUNG ATHLETES CROSS-COUNTRY LEAGUE 2008/9

The final race of the series brought both success and slight disappointment, with our Under 13 boys and Under 17 men winning their respective trophies but our Under 11 boys narrowly missing out on their title by one point, eventually finishing second and overall we also just missed out on top spot. We were sadly lacking all season with our girls teams, in fact the only occasion we managed to field a team was in the final race where an Under 11 girls team consisting of Marjolaine Briscoe, Effie Crompton and Helena Roberts came second on the day – hopefully a sign of things to come!

### Boys/Mens

Apart from the above, there were notable individual successes for Stanley Harrison (with a clean sweep of 5 wins out of 5) and George Laing. Other individual medallists were Keshin Harrison, Louis Mennear and Max Coventry.

This season has seen our boys go from strength to strength, with everyone contributing to a great season, so, well done to those mentioned above plus Arnold & Clement Harrison, Sammy Williams, Joshua Bluemink. Eugene Potter, William Fitter, Abei Thewodros, Peter Laing, Daniel Lavin, Gabriel Springer, Jimmy Brock and Conrad Litchfield. William Laing and Sean White.

### Girls/Women

Marjolaine Briscoe narrowly missed out, by one point, on what would have been a much deserved medal. Marjolaine was joined regularly at U11 level by Effie Crompton with Helena Roberts joining in the fun! Thea Slotover, Edith Ault and Georgia Doolan all ran during the season and Kate Power ran in the final race as well. Harriers stalwart Amy-Jane Cotter turned out when she could, but Samara Williams missed the whole season through injury.

We need more girls running for the club!!!!

### REMINDERS

Still looking for Jogging leader(s) - see last issue.  
Club is 130 years old—any ideas for celebration?  
Are your subs paid up? No subs, no EA number, no competing.

### DIARY FOR NEXT TWO MONTHS

#### **April**

25 <sup>th</sup>	SWL	St Marys, Richmond
25 <sup>th</sup>	LICC	Barnet Copthall

#### **May**

2 <sup>nd</sup>	Southern Mens	Parliament Hill
9 <sup>th</sup>	Middlesex Champs	Barnet Copthall
10 <sup>th</sup>	Middlesex Champs	Perivale
16 <sup>th</sup>	Southern Mens	Battersea Park
17 <sup>th</sup>	Young Athletes League	Canterbury High School
23 <sup>rd</sup>	LICC	Lee Valley
24 <sup>th</sup>	5 star/10 step	Oxford
31 <sup>st</sup>	Young Athletes League	Parliament Hill