

Highgate Harriers September Open Meeting - 2019-09-11 Results

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RESULTS

F01 - U11 Long Jump (LJ)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 17:00

| Place | Bib | Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | Result (wind) |
|-------|-----|-------------------------|-------|------|-------------|-------------|-------------|---|---|---|--------------------|
| 1 | 400 | Shaw, Arthur | HIGH | U11B | 3.67 (0) | 3.49 (0) | x (0) | | | | 3.67 (0) |
| 2 | 402 | Daniel Harpal | HIGH | U11B | 3.51 (0) | 3.30 (0) | 3.12 (0) | | | | 3.51 (0) |
| 3 | 401 | Oscar Fletcher | HIGH | U11B | 3.14 (0) | 3.24 (0) | 3.46 (0) | | | | 3.46 (0) |
| 4 | 407 | Minnie Mazer | HIGH | U11G | 2.91 (0) | 3.13 (0) | 2.90 (0) | | | | 3.13 (0) |
| 5 | 405 | Elkie Baker | LONH | U11G | 2.74 (0) | 2.80 (0) | 2.78 (0) | | | | 2.80 (0) |
| 6 | 414 | Eloise Lindley | HIGH | U11G | 2.80 (0) | x (0) | x (0) | | | | 2.80 (0) |
| 7 | 403 | Daniel Heese | HIGH | U11B | 2.77 (0) | 2.60 (0) | 2.74 (0) | | | | 2.77 (0) |
| 8 | 421 | Christo Attalides | UNATT | U11B | 2.60 (0) | 2.70 (0) | - (0) | | | | 2.70 (0) |
| 9 | 404 | Margaux Alvarez-Pereyre | HIGH | U11G | 2.45 (0) | 2.43 (0) | 2.65 (0) | | | | 2.65 (0) |
| 10 | 418 | Tal Querfurth | UNATT | U11B | x (0) | x (0) | 2.35 (0) | | | | 2.35 (0) |
| 11 | 416 | Luca Dauber | UNATT | U11B | 2.29 (0) | 1.86 (0) | 1.99 (0) | | | | 2.29 (0) |
| 12 | 420 | Aaron Kelly | UNATT | U11B | 2.13 (0) | x (0) | - (0) | | | | 2.13 (0) |
| 13 | 409 | Angelina Saliaga | HIGH | U11G | 2.07 (0) | 1.90 (0) | 1.91 (0) | | | | 2.07 (0) |
| 14 | 408 | Phoebe Ogilvie | HIGH | U11G | x (0) | 2.04 (0) | 1.98 (0) | | | | 2.04 (0) |
| 15 | 419 | Maya Querfurth | UNATT | U11G | 2.02 (0) | 1.86 (0) | 1.48 (0) | | | | 2.02 (0) |
| 16 | 415 | Marco Dauber | UNATT | U11B | x (0) | 1.63 (0) | 1.43 (0) | | | | 1.63 (0) |
| | 412 | Diana Taylor | HIGH | U11G | | | | | | | NM (0) |

411

Annabel Taylor

HIGH

U11G

| | | | | | | | |
|--|--|--|--|--|--|--|----------|
| | | | | | | | NM () |
|--|--|--|--|--|--|--|----------|

RESULTS

T01 - 600m (600)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 17:40

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|-------------------|-------|----------|---------|------|---------|
| 1 | 401 | Oscar Fletcher | HIGH | U11B | 1 | 2 | 2:05.29 |
| 2 | 400 | Shaw, Arthur | HIGH | U11B | 2 | 4 | 2:06.42 |
| 3 | 413 | Henri Bruynooghe | HIGH | U11B | 3 | 5 | 2:10.15 |
| 4 | 402 | Daniel Harpal | HIGH | U11B | 4 | 9 | 2:18.53 |
| 5 | 418 | Tal Querfurth | UNATT | U11B | 1 | | 2:18.71 |
| 6 | 416 | Luca Dauber | UNATT | U11B | 2 | | 2:24.38 |
| 7 | 421 | Christo Attalides | UNATT | U11B | 3 | | 2:24.84 |
| 8 | 403 | Daniel Heese | HIGH | U11B | 5 | 8 | 2:29.36 |
| 9 | 420 | Aaron Kelly | UNATT | U11B | 4 | | 2:43.67 |
| | 415 | Marco Dauber | UNATT | U11B | 5 | | DNF |

RESULTS

T02 - 75m (75)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 18:00

Heat 1

Wind speed: -1.5

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|-------------------------|-------|----------|---------|------|--------|
| 1 | 407 | Minnie Mazer | HIGH | U11G | 1 | 5 | 12.87 |
| 2 | 416 | Luca Dauber | UNATT | U11B | 1 | | 13.03 |
| 3 | 404 | Margaux Alvarez-Pereyre | HIGH | U11G | 2 | 3 | 13.53 |
| 4 | 415 | Marco Dauber | UNATT | U11B | 2 | | 14.97 |
| 5 | 419 | Maya Querfurth | UNATT | U11G | 3 | | 17.01 |

Heat 2

Wind speed: -1.2

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|------------------|-------|----------|---------|------|--------|
| 3 | 417 | Mia Cobbold | UNATT | U11G | | | 12.57 |
| 5 | 418 | Tal Querfurth | UNATT | U11B | 1 | | 14.29 |
| 1 | 410 | Ava Smith | HIGH | U11G | 1 | 2 | 12.35 |
| | 408 | Phoebe Ogilvie | HIGH | U11G | 2 | 3 | |
| 4 | 406 | Martina Brechner | HIGH | U11G | 3 | 4 | 13.46 |
| 2 | 405 | Elkie Baker | LONH | U11G | 4 | 5 | 12.43 |
| 6 | 409 | Angelina Saliaga | HIGH | U11G | 5 | 6 | 14.40 |

Heat 3

Wind speed: -1.8

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|-------------------|-------|----------|---------|------|--------|
| 1 | 402 | Daniel Harpal | HIGH | U11B | 1 | 3 | 12.03 |
| 2 | 400 | Shaw, Arthur | HIGH | U11B | 2 | 5 | 12.45 |
| 3 | 401 | Oscar Fletcher | HIGH | U11B | 3 | 4 | 12.81 |
| 4 | 403 | Daniel Heese | HIGH | U11B | 4 | 6 | 13.92 |
| 5 | 421 | Christo Attalides | UNATT | U11B | 1 | | 14.49 |
| 6 | 420 | Aaron Kelly | UNATT | U11B | 2 | | 14.77 |

RESULTS

F02 - Discus (DT)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 18:30

Heat 1

| Place | Bib | Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | Result |
|-------|-----|------------------|------|------|-------|-------|-------|-------|-------|-------|--------------|
| 1 | 196 | Reuben Vaughan | CRO | U20M | x | 46.35 | x | 46.57 | 47.31 | 47.91 | 47.91 |
| 2 | 68 | Neil Griffin | WSEH | M70 | x | 36.48 | x | x | 34.90 | 34.46 | 36.48 |
| 3 | 195 | Izaiah Turner | LONH | SM | - | - | 28.28 | 34.36 | x | 33.80 | 34.36 |
| 4 | 169 | Anthony Richards | HIGH | M70 | x | x | 34.33 | x | x | x | 34.33 |
| 5 | 146 | Graeme Packman | BEDC | M60 | 31.23 | 29.23 | x | 32.56 | 32.61 | 32.49 | 32.61 |
| 6 | 73 | Joel Hawes | LONH | SM | 29.63 | 31.68 | 30.35 | x | 30.46 | x | 31.68 |
| 7 | 116 | Ramzan Mohsan | NEB | U20M | 28.80 | 28.17 | x | x | 26.20 | 26.74 | 28.80 |
| 8 | 171 | James Rossiter | HIGH | M45 | x | 21.49 | 23.98 | 22.55 | 18.63 | 23.43 | 23.98 |

Heat 2

| Place | Bib | Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | Result |
|-------|-----|------------------|------|------|-------|---|---|---|---|---|--------|
| 1 | 195 | Izaiah Turner | LONH | SM | 34.65 | | | | | | 34.65 |
| 2 | 68 | Neil Griffin | WSEH | M70 | 34.20 | | | | | | 34.20 |
| 3 | 146 | Graeme Packman | BEDC | M60 | 31.02 | | | | | | 31.02 |
| 4 | 116 | Ramzan Mohsan | NEB | U20M | 29.17 | | | | | | 29.17 |
| 5 | 171 | James Rossiter | HIGH | M45 | 21.43 | | | | | | 21.43 |
| | 169 | Anthony Richards | HIGH | M70 | x | | | | | | NM |
| | 73 | Joel Hawes | LONH | SM | x | | | | | | NM |
| | 196 | Reuben Vaughan | CRO | U20M | x | | | | | | NM |

RESULTS

T03 - 100m (100)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 18:45

Heat 1

Wind speed: -1.5

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|-----------------|------|----------|---------|------|--------|
| 1 | 207 | Paul Willcox | ACH | M65 | 1 | 4 | 15.80 |
| 2 | 15 | Mirit Berman | MLH | U15G | 1 | 7 | 15.86 |
| 3 | 175 | Hatixhe Saliaga | HIGH | U13G | 1 | 2 | 16.64 |
| 4 | 212 | Connor Gilmore | HIGH | U15B | | | 20.33 |

Heat 2

Wind speed: -1.0

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|------------------|-------|----------|---------|------|--------|
| 1 | 102 | Conor Maguire | UNATT | SM | 1 | 3 | 12.43 |
| 2 | 31 | Jacob Clement | MLH | U13B | 1 | 4 | 14.93 |
| 3 | 76 | David Hinds | SERP | M65 | 1 | 2 | 15.01 |
| 4 | 53 | Fleur Eltringham | LONH | U13G | 1 | 5 | 15.46 |
| 5 | 70 | Ella Mai Hancock | UNATT | U13G | 2 | 7 | 15.58 |

Heat 3

Wind speed: -1.8

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|----------------|------|----------|---------|------|--------|
| 1 | 88 | Jayden Klein | MLH | U15B | 1 | 2 | 13.73 |
| 2 | 110 | Andrew McGeary | LONH | M40 | 1 | 4 | 13.76 |
| 3 | 142 | Liina Otsalu | MLH | SW | 1 | 7 | 14.31 |
| 4 | 86 | Ashwin Jolly | SERP | M35 | 1 | 5 | 14.38 |
| 5 | 12 | Benjy Bediako | LONH | U13B | 1 | 6 | 14.70 |

Heat 4

Wind speed: -0.9

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|------------------|-------|----------|---------|------|--------|
| 1 | 113 | Neil Middleton | HIGH | M50 | 1 | 4 | 13.05 |
| 2 | 300 | Michele Beltrano | UNATT | M50 | | | 13.41 |
| 3 | 13 | Tom Bedwell | LONH | M40 | 1 | 6 | 13.67 |
| 4 | 148 | Scarlett Parker | LONH | M45 | 1 | 3 | 13.71 |
| 5 | 7 | Efe Austinz | ILFRD | U20W | 1 | 5 | 13.75 |
| 6 | 171 | James Rossiter | HIGH | M45 | 2 | 7 | 13.95 |

Heat 5

Wind speed: -0.7

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|-------------------|-------|----------|---------|------|--------|
| 1 | 67 | Tom Graham-Watson | UDURH | SM | 1 | 4 | 12.27 |
| 2 | 163 | Ashley Reid | UNATT | M35 | 1 | 5 | 12.69 |
| 3 | 151 | Silviu Piciorang | UNATT | SM | 2 | 6 | 13.07 |
| 4 | 177 | Chris Scott | ORION | M40 | 1 | 2 | 13.35 |
| 5 | 14 | Michael Bense | LONH | M45 | 1 | 7 | 13.68 |
| | 28 | Kristian Clarke | UNATT | SM | 3 | 3 | DNF |

Heat 6

Wind speed: -1.4

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|-------------------|-------|----------|---------|------|--------|
| 1 | 152 | Rion Pierre-Forde | WSEH | SM | 1 | 4 | 10.82 |
| 2 | 81 | Olumide Isaac | WGEL | SM | 2 | 5 | 10.88 |
| 3 | 144 | Lord Owusu | ENFH | SM | 3 | 6 | 11.64 |
| 4 | 43 | Tyrell Dankwa | MMK | SM | 4 | 2 | 11.83 |
| 5 | 179 | Nat Senior | ILFRD | SM | 5 | 3 | 12.10 |
| 6 | 112 | Tom Meehan | HW | SM | 6 | 7 | 12.87 |

RESULTS

F03 - Long Jump (LJ)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 19:00

| Place | Bib | Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | Result (wind) |
|-------|-----|-------------------|-------|------|-------------|-------------|-------------|-------------|-------------|-------------|--------------------|
| 1 | 179 | Nat Senior | ILFRD | SM | 5.87 (0) | 5.89 (0) | 4.87 (0) | 6.16 (0) | 6.00 (0) | 5.96 (0) | 6.16 (0) |
| 2 | 157 | Christian Pugsley | EXETH | SM | 6.06 (0) | x (0) | x (0) | 6.10 (0) | x (0) | x (0) | 6.10 (0) |
| 3 | 99 | Ugne Liuksaityte | TVH | SW | 5.55 (0) | 5.53 (0) | 5.64 (0) | x (0) | x (0) | x (0) | 5.64 (0) |
| 4 | 137 | Sean Oceng-Engena | HIGH | U17M | 5.23 (0) | 5.44 (0) | 5.14 (0) | 5.47 (0) | 4.83 (0) | 5.00 (0) | 5.47 (0) |
| 5 | 122 | Etienne Munday | LONH | U15B | 5.32 (0) | 4.77 (0) | 3.55 (0) | 4.32 (0) | 4.57 (0) | 4.61 (0) | 5.32 (0) |
| 6 | 61 | Fausto Galofaro | BEL | SM | x (0) | 5.08 (0) | 4.85 (0) | x (0) | 4.94 (0) | 5.11 (0) | 5.11 (0) |
| 7 | 12 | Benjy Bediako | LONH | U13B | 4.36 (0) | 3.50 (0) | x (0) | 4.00 (0) | 4.22 (0) | 4.20 (0) | 4.36 (0) |
| 8 | 142 | Liina Otsalu | MLH | SW | 4.24 (0) | 4.23 (0) | 4.33 (0) | 4.15 (0) | 4.04 (0) | 4.31 (0) | 4.33 (0) |
| 9 | 70 | Ella Mai Hancock | UNATT | U13G | 3.95 (0) | 3.71 (0) | 3.39 (0) | x (0) | x (0) | x (0) | 3.95 (0) |
| 10 | 162 | Cecile Reeves | HIGH | U13G | x (0) | 3.72 (0) | 3.90 (0) | 3.73 (0) | 3.57 (0) | 3.71 (0) | 3.90 (0) |
| 11 | 15 | Mirit Berman | MLH | U15G | 3.54 (0) | 3.61 (0) | x (0) | 3.46 (0) | 3.17 (0) | 3.21 (0) | 3.61 (0) |
| 12 | 53 | Fleur Eltringham | LONH | U13G | x (0) | 3.43 (0) | - (0) | - (0) | - (0) | - (0) | 3.43 (0) |
| 13 | 175 | Hatixhe Saliaga | HIGH | U13G | 2.95 (0) | 3.24 (0) | 2.24 (0) | 3.22 (0) | 2.98 (0) | 2.68 (0) | 3.24 (0) |
| | 69 | Mark Hall | KEN | SM | | | | | | | NM (0) |
| | 63 | Richard Gayton | FRC | SM | | | | | | | NM (0) |

RESULTS

T04 - 1500M (1500)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 19:20

Heat 1

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|----------------------|-------|----------|---------|------|---------|
| 1 | 58 | Felix Fletcher | UNATT | M45 | 1 | 11 | 4:54.73 |
| 2 | 33 | Paul Collyer | DUL | M50 | 1 | 17 | 5:00.37 |
| 3 | 186 | Katie Stevens | AFD | SW | 1 | 14 | 5:05.16 |
| 4 | 66 | George Graham | LONH | M40 | 1 | 13 | 5:09.79 |
| 5 | 54 | Fabio Espírito Santo | LONH | SM | 1 | 9 | 5:10.75 |
| 6 | 172 | Lauren Russell | HIGH | U15G | 1 | 2 | 5:16.21 |
| 7 | 140 | Danny Olive | UNATT | M45 | 2 | 4 | 5:16.69 |
| 8 | 138 | Wole Odele | CAMBH | M50 | 2 | 15 | 5:25.54 |
| 9 | 108 | Emma McCluskey | BARN | U15G | 2 | 5 | 5:32.23 |
| 10 | 85 | Gabrielle Johnson | HIGH | U13G | 1 | 16 | 5:35.29 |
| 11 | 123 | Hattie Munday | LONH | U13G | 2 | 6 | 5:36.79 |
| 12 | 208 | Rob Wintemute | LFRON | M60 | 1 | 3 | 5:42.79 |
| 13 | 299 | Davd Walton | LONH | M55 | | | 5:44.34 |
| 14 | 8 | Arthur Awenat | HIGH | U13B | 1 | 1 | 5:51.61 |
| 15 | 176 | Lily Schauer | HIGH | U13G | 3 | 12 | 6:11.11 |
| 16 | 30 | Zara Clayden | MLH | U17W | 1 | 7 | 6:36.74 |

Heat 2

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|-----------------------|-------|----------|---------|------|---------|
| 1 | 199 | Rob Walker | HIGH | M35 | 1 | 1 | 4:46.03 |
| 2 | 32 | Joe Collinge | UNATT | U17M | 1 | 2 | 4:46.55 |
| 3 | 147 | Alexa Parker | KEN | SW | 1 | 11 | 4:47.88 |
| 4 | 96 | Ian Lilley | DUL | M45 | 1 | 14 | 4:49.02 |
| 5 | 167 | Elizabeth Renondeau | VALER | W40 | 1 | 17 | 4:51.35 |
| 6 | 35 | Miss Natalie Connor | SBH | SW | 2 | 12 | 4:51.99 |
| 7 | 170 | David Robinson | SERP | M40 | 1 | 6 | 4:54.65 |
| 8 | 182 | Luca Spaccatrosi | HIGH | U15B | 1 | 9 | 4:58.06 |
| 9 | 29 | Noah Clarke | BARN | U15B | 2 | 3 | 5:06.21 |
| 10 | 57 | Georgia Finney | BARN | U15G | 1 | 4 | 5:11.08 |
| 11 | 24 | Matilda Canty | HAVAC | U15G | 2 | 7 | 5:14.50 |
| 12 | 11 | Peter Bayvel - Zayats | BARN | U13B | 1 | 16 | 5:17.49 |
| 13 | 23 | Alex Burns | HIGH | U17M | 2 | 5 | 5:20.12 |

Heat 3

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|------------------|-------|----------|---------|------|-------------|
| 1 | 114 | James Millett | HIGH | SM | 1 | 4 | 4:20.33 |
| 2 | 18 | Eoin Brady | HHH | SM | 2 | 9 | 4:29.98 |
| 3 | 145 | Kieran O'Hara | HAVAC | SM | 3 | 6 | 4:30.15 |
| 4 | 198 | Barnaby Walker | HIGH | SM | 4 | 8 | 4:32.22 |
| 5 | 36 | Julia Cooke | BIRCH | SW | 1 | 5 | 4:32.81 |
| 6 | 45 | Jack Davis Black | LONH | U15B | 1 | 10 | 4:33.51 |
| 7 | 132 | Johnny Nicholson | LONH | SM | 5 | 16 | 4:33.84 PB! |
| 8 | 16 | Rich Berry | W4H | M40 | 1 | 2 | 4:34.20 |
| 9 | 91 | Patrick Kyle | MORNC | U17M | 1 | 3 | 4:43.62 |
| 10 | 103 | Lucas Maher | LONH | U15B | 2 | 14 | 4:48.96 |
| 11 | 189 | Callum Sydenham | BARN | U15B | 3 | 15 | 4:57.71 |

RESULTS

T05 - 400m (400)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 19:40

Heat 1

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|----------------------|-------|----------|---------|------|---------|
| 1 | 54 | Fabio Espírito Santo | LONH | SM | 1 | 4 | 1:06.81 |
| 2 | 171 | James Rossiter | HIGH | M45 | 1 | | 1:07.72 |
| 3 | 49 | Jason Drake | W4H | M55 | 1 | 5 | 1:08.12 |
| 4 | 298 | Jennifer Holmes | HIGH | SW | | | 1:09.69 |
| 5 | 76 | David Hinds | SERP | M65 | 1 | 3 | 1:13.43 |
| 6 | 107 | Ian McCarthy | CAMBH | M60 | 1 | 6 | 1:15.69 |
| 7 | 117 | Claire Morris | EALE | W40 | 1 | 2 | 1:17.90 |

Heat 2

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|------------------|-------|----------|---------|------|---------|
| 1 | 110 | Andrew McGeary | LONH | M40 | 1 | 5 | 59.14 |
| 2 | 48 | John Devoy | FRC | M35 | 1 | 3 | 1:00.67 |
| 3 | 14 | Michael Bense | LONH | M45 | 1 | 4 | 1:01.67 |
| 4 | 136 | Noelle O'Regan | LONH | SW | 1 | 6 | 1:02.18 |
| 5 | 62 | Andy Gannaway | WINCD | M55 | 1 | 2 | 1:03.63 |
| 6 | 173 | Amy Rutherford | HIGH | W35 | 1 | 8 | 1:05.20 |
| 7 | 164 | Christopher Reid | NEB | SM | 1 | 7 | 1:08.81 |

Heat 3

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|-----------------|-------|----------|---------|------|---------|
| 1 | 204 | Remy Weinbrecht | HIGH | U15B | 1 | 3 | 55.96 |
| 2 | 148 | Scarlett Parker | LONH | M45 | 1 | 4 | 57.61 |
| 3 | 121 | Zakia Mossi | BB | U17W | 1 | 2 | 59.09 |
| 4 | 177 | Chris Scott | ORION | M40 | 1 | 6 | 59.21 |
| 5 | 124 | Alex Mundell | CSALS | SW | 1 | 7 | 1:00.85 |
| 6 | 26 | Amelia Casey | TVH | U20W | 1 | 1 | 1:01.53 |

Heat 4

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|------------------|------|----------|---------|------|--------|
| 1 | 1 | Hamed Agboke | HW | M35 | 1 | 6 | 53.94 |
| 2 | 56 | Niki Faulkner | HIGH | SM | 1 | 2 | 54.05 |
| 3 | 203 | Luca Weinbrecht | HIGH | U17M | 1 | 3 | 54.63 |
| 4 | 101 | Richard Macaulay | LONH | SM | 2 | 7 | 54.89 |
| 5 | 209 | Philip Wren | RAD | SM | 3 | 8 | 56.04 |

RESULTS

F04 - Shot Put (SP)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 20:00

Heat 1

| Place | Bib | Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | Result |
|-------|-----|------------------|------|------|-------|-------|-------|-------|-------|-------|--------------|
| 1 | 195 | Izaiah Turner | LONH | SM | 11.93 | 11.75 | x | x | x | | 11.93 |
| 2 | 169 | Anthony Richards | HIGH | M70 | 11.73 | x | 11.61 | 11.75 | 11.88 | x | 11.88 |
| 3 | 116 | Ramzan Mohsan | NEB | U20M | 11.05 | x | 10.55 | 11.22 | 10.83 | 10.95 | 11.22 |
| 4 | 162 | Cecile Reeves | HIGH | U13G | 6.52 | 6.51 | x | 5.97 | 5.73 | 5.84 | 6.52 |
| 5 | 142 | Liina Otsalu | MLH | SW | 5.11 | 6.10 | 5.92 | 5.99 | 5.54 | 5.73 | 6.10 |
| 6 | 178 | Jake Segal | MLH | U15B | 6.00 | 5.77 | 5.73 | 5.38 | 5.32 | 5.87 | 6.00 |
| | 176 | Lily Schauer | HIGH | U13G | | | | | | | NM |
| | 171 | James Rossiter | HIGH | M45 | | | | | | | NM |
| | 68 | Neil Griffin | WSEH | M70 | | | | | | | NM |

Heat 2

| Place | Bib | Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | Result |
|-------|-----|------------------|------|------|-------|---|---|---|---|---|--------|
| 1 | 169 | Anthony Richards | HIGH | M70 | 11.66 | | | | | | 11.66 |
| 2 | 116 | Ramzan Mohsan | NEB | U20M | 10.29 | | | | | | 10.29 |
| 3 | 178 | Jake Segal | MLH | U15B | 5.99 | | | | | | 5.99 |
| | 195 | Izaiah Turner | LONH | SM | x | | | | | | NM |
| | 162 | Cecile Reeves | HIGH | U13G | - | | | | | | NM |
| | 142 | Liina Otsalu | MLH | SW | x | | | | | | NM |

RESULTS

T06 - 5000m (5000)

Highgate Harriers September Open Meeting - 2019-09-11 START TIME: 20:00

Heat 1

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|---------------------|-------|----------|---------|------|----------|
| 1 | 168 | James Rhodes | SOC | SM | 1 | 11 | 17:58.41 |
| 2 | 87 | Nick Kelman | UNATT | SM | 2 | 12 | 17:59.84 |
| 3 | 106 | Rich McAleer | UNATT | SM | 3 | 21 | 18:02.67 |
| 4 | 64 | Dave Gibert | HIGH | M35 | 1 | 16 | 18:08.18 |
| 5 | 52 | Owen Edwards | UNATT | SM | 4 | 1 | 18:16.74 |
| 6 | 127 | David Musgrave | HIGH | M45 | 1 | 6 | 18:30.19 |
| 7 | 34 | James Connell | LONH | M45 | 2 | 2 | 18:31.40 |
| 8 | 9 | Chloe Baker | TVH | SW | 1 | 10 | 18:49.29 |
| 9 | 98 | Jonathan Litchfield | LONH | M40 | 1 | 20 | 19:05.32 |
| 10 | 200 | William Watt | MORNC | M45 | 3 | 9 | 19:37.73 |
| 11 | 4 | Ben Amatruda | UNATT | SM | 5 | 3 | 19:40.10 |
| 12 | 183 | Steven Stanley | EMAC | M55 | 1 | 13 | 19:48.39 |
| 13 | 194 | Paul Tonkinson | LONH | M45 | 4 | 5 | 20:10.83 |
| 14 | 2 | Catherine Airey | HIGH | SW | 2 | 7 | 20:20.17 |
| 15 | 187 | David Sutherland | HIGH | M40 | 2 | 14 | 20:29.02 |

Heat 2

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|----------------------|-------|----------|---------|------|----------|
| 1 | 17 | Xavier Blavia Xandri | UNATT | SM | 1 | 7 | 16:15.02 |
| 2 | 104 | Chris Mason | W4H | M35 | 1 | 27 | 16:16.57 |
| 3 | 38 | Tom Cowling | HIGH | SM | 2 | 15 | 16:35.54 |
| 4 | 154 | Tim Powell | SERP | SM | 3 | 3 | 16:36.33 |
| 5 | 41 | Tom Crowley | HIGH | SM | 4 | 20 | 16:46.29 |
| 6 | 165 | Gideon Reid | SERP | M40 | 1 | 24 | 16:47.94 |
| 7 | 181 | Shane Snow | HIGH | M50 | 1 | 5 | 16:54.01 |
| 8 | 188 | Alex Sweet | LONH | M35 | 2 | 6 | 16:55.69 |
| 9 | 72 | Sophie Harris | SWAN | SW | 1 | 8 | 16:55.75 |
| 10 | 37 | Mark Cottle | SBH | SM | 5 | 10 | 17:00.45 |
| 11 | 90 | Mateusz Kolodziej | W4H | SM | 6 | 14 | 17:06.39 |
| 12 | 60 | Jonny Forsyth | UNATT | M45 | 1 | 1 | 17:09.72 |
| 13 | 77 | Alex Holley | HIGH | SM | 7 | 2 | 17:16.09 |
| 14 | 159 | Ashley Quinlan | AFD | SM | 8 | 13 | 17:21.82 |
| 15 | 44 | Alex Davidson | HIGH | M55 | 1 | 22 | 17:27.78 |
| 16 | 118 | Simon Morris | SERP | SM | 9 | 23 | 17:41.27 |
| 17 | 130 | Daniel Nichols | BARN | M35 | 3 | 11 | 17:48.83 |

Heat 3

| Rank | Bib | Name | Club | Category | Cat Pos | Lane | Result |
|------|-----|----------------------|-------|----------|---------|------|----------|
| 1 | 83 | Seyfu Jamaal | LONH | U20M | 1 | 22 | 14:59.84 |
| 2 | 205 | Matt Welsh | BEL | SM | 1 | 19 | 15:25.72 |
| 3 | 22 | Nick Buckle | BEL | SM | 2 | 10 | 15:26.87 |
| 4 | 129 | Oliver Newton | TVH | SM | 3 | 17 | 15:27.25 |
| 5 | 184 | William Stanley | VPTH | SM | 4 | 8 | 15:48.39 |
| 6 | 93 | Jonathan Laybourn | HIGH | SM | 5 | 2 | 15:54.35 |
| 7 | 197 | Joost Vogel | SERP | SM | 6 | 24 | 15:55.24 |
| 8 | 47 | Darryl Davison | HIGH | M35 | 1 | 23 | 15:55.41 |
| 9 | 125 | Henry Murdoch | HIGH | SM | 7 | 13 | 15:57.47 |
| 10 | 134 | Pete Northall | LONH | SM | 8 | | 15:57.63 |
| 11 | 161 | Jack Ramm | DUL | SM | 9 | 11 | 15:58.31 |
| 12 | 160 | James Quinlan | AFD | SM | 10 | 4 | 15:58.42 |
| 13 | 95 | Sion Lewis | LONH | M35 | 2 | 3 | 16:00.31 |
| 14 | 111 | Sean McLaughlin | HIGH | SM | 11 | | 16:02.36 |
| 15 | 89 | Konstantinos Kokolas | HIGH | SM | 12 | 26 | 16:02.48 |
| 16 | 149 | Nathan Pask | NHERT | M40 | 1 | 21 | 16:05.65 |
| 17 | 206 | Kieran White | HW | M40 | 2 | 6 | 16:07.19 |
| 18 | 92 | David Lawrence | WATFJ | SM | 13 | 18 | 16:10.91 |
| 19 | 42 | Jeff Cunningham | HHH | M35 | 3 | 1 | 16:13.42 |
| 20 | 150 | Gary Pelosi | BARN | SM | 14 | 5 | 16:25.75 |
| 21 | 39 | Robbie Cox | WGEL | M35 | 4 | 25 | 16:40.95 |
| 22 | 78 | Alex Horton | BARN | SM | 15 | 15 | 16:41.25 |
| 23 | 109 | Ryan McCrickerd | SERP | SM | 16 | 7 | 17:34.14 |