

MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Senior Men - 12,000m (approx)

Position	Time	Number	Name	Club
1	43:54	143	Dylan Evans	Shaftesbury
2	44:19	50	Alex Leprêtre	Highgate
3	45:39	166	Michael Cameron	TVH
4	46:14	75	Tom Aldred	London Heathside
5	46:25	168	Toby Clyde	TVH
6	46:35	108	James Wooldridge	London Heathside
7	46:44	167	Hugo Cayssials	TVH
8	46:52	41	Damian Nevins	Harrow
9	47:00	172	Niki Faulkner	TVH
10	47:23	72	Robert Thompson	Hillingdon
11	47:47	195	Paul Martelletti	VPH&THAC
12	47:53	138	Jonathan Poole	Serpentine
13	48:09	179	Oliver Newton	TVH
14	48:25	65	James Laing	Hillingdon
15	48:39	174	Jake Hooley	TVH
16	49:01	40	Jonathan Morgan	Harrow
17	49:13	25	Jamie Taylor-Caldwell	ESM
18	49:21	46	Jack Whitebury	Harrow
19	49:40	169	Michael Crone	TVH
20	49:44	27	Phillip Benson	Harrow
21	49:53	191	Greg Divall	VPH&THAC
22	50:01	31	Kevin Fini	Harrow
23	50:11	74	Ismail Abukar	London Heathside
24	50:26	103	Matthew Rallison	London Heathside
25	50:31	98	Harry Kleiman	London Heathside
26	50:40	124	Andrew McCarron	Queens Park
27	50:55	100	Francesco Melloni	London Heathside
28	51:00	35	Cooper Jim	Harrow
29	51:13	86	Ewan Gault	London Heathside
30	51:18	139	Hugh Torry	Serpentine
31	51:22	3	Ben Hurley	Belgrave
32	51:39	76	Andy Barnes	London Heathside
33	51:44	186	Robert Vallance	TVH
34	52:09	159	James Arrowsmith	Trent Park
35	52:14	48	Daniel Brewer	Highgate
36	52:16	162	David Kunzmann	Trent Park
37	52:19	141	Peter Wooldridge	Serpentine
38	52:25	61	Charlie Edwards	Hillingdon

39	52:27	90	Charles Hardy	London Heathside
40	52:38	177	Ryan Keane	TVH
41	52:49	36	Fergal Keaney	Harrow
42	52:51	60	Martin Bateman	Hillingdon
43	52:53	87	Peter Gould	London Heathside
44	52:55	154	Pete Gregorowski	Stragglers
45	53:04	148	Clayton Bannon	St Mary's Richmond
46	53:06	105	Jake Spencer	London Heathside
47	53:12	45	Declan Traynor	Harrow
48	53:18	200	Rich Berry	West 4
49	53:20	158	Scott Aiken	Trent Park
50	53:22	155	Alastair Hall	Stragglers
51	53:23	49	Alex Davidson	Highgate
52	53:49	10	Niall Gilchrist	Ealing Eagles
53	54:08	44	Curtis Stevens	Harrow
54	54:36	133	James Gillanders	Serpentine
55	54:38	34	Jonathan Hill	Harrow
56	54:41	32	Chris Finill	Harrow
57	54:43	102	Oliver Negus	London Heathside
58	54:59	20	Sam Gunnewicht	ESM
59	55:12	106	Alex Sweet	London Heathside
60	55:19	197	Patrick Thomas	VPH&THAC
61	55:28	58	Christopher Wright	Highgate
62	62:00	127	Sam Sutherland	Queens Park
63	55:55	170	Manuel Da Silva	TVH
64	56:00	146	Robert Rigby	Shaftesbury
65	56:10	194	Neil Kirkham	VPH&THAC
66	56:11	121	Mark Greig	Queens Park
67	56:22	129	Mark Herbert	Ranelagh Harriers
68	56:37	123	Maciej Kolterniak	Queens Park
69	56:50	12	Patrick Kingston	Ealing Eagles
70	56:56	71	Daniel Thompson	Hillingdon
71	57:02	147	Jonny Shaw	Shaftesbury
72	57:08	112	Andy Davies	Mornington Chasers
73	57:22	7	Gerbrand Alkema	Ealing Eagles
74	57:27	22	Jonathan Horan	ESM
75	57:42	132	Nicolas Besson	Serpentine
76	57:45	190	Lee Butler	VPH&THAC
77	57:47	51	Joseph Lowe	Highgate
78	57:53	18	Rob Brown	ESM
79	57:56	13	Nils-Kristian Liborg	Ealing Eagles
80	58:00	8	Harry Claxton	Ealing Eagles
81	52:32	62	Scott Farley	Hillingdon
82	58:40	136	Ewan Maynard	Serpentine
83	58:47	164	Michael Prior	Trent Park
84	58:49	117	Jonathan Thomson	Mornington Chasers
85	59:30	2	Des Crinion	Dulwich Runners
86	59:41	113	Simon Fitzmaurice	Mornington Chasers
87	59:54	107	Valentin Valeanu	London Heathside

88	59:55	92	Liam Hazelton	London Heathside
89	60:05	205	Alex Veres	West 4
90	60:15	80	Joseph Clemoes	London Heathside
91	60:17	182	Stephen Norris	TVH
92	60:37	26	Nick Andrews	Harrow
93	60:39	94	Philip Hogg	London Heathside
94	60:54	160	Andy Betton	Trent Park
95	61:13	23	Mark Kencroft	ESM
96	61:18	114	Tony Him	Mornington Chasers
97	61:56	111	Daniel Berry	Mornington Chasers
98	62:00	127	Sam Sutherland	Queens Park
99	62:02	28	Peter Butler	Harrow
100	62:25	181	Simon Nixon	TVH
101	63:38	82	Lee Connor	London Heathside
102	63:49	131	Abu Asad	Serpentine
103	63:49	192	Russell Gillett-Toone	VPH&THAC
104	63:50	330		
105	64:04	39	Jag Matharu	Harrow
106	64:06	201	Andy Bowen	West 4
107	64:12	142	Danny Digweed	Shaftesbury
108	64:21	11	Jozsef Kalman	Ealing Eagles
109	64:22	192	Russell Gillett-Toone	VPH&THAC
110	64:41	183	Matt Ponting	TVH
111	64:44	83	Steve Crowley	London Heathside
112	65:12	69	Steven O'Keefe	Hillingdon
113	65:22	109	Jonny Jackson	Metros
114	65:32	56	James Rossiter	Highgate
115	65:37	67	Andrew Malyan	Hillingdon
116	65:45	151	Nick Brown	Stragglers
117	65:51	104	Rob Shulman	London Heathside
118	66:13	156	Tom Haworth	Stragglers
119	66:24	78	Matt Beard	London Heathside
120	66:39	176	Thomas Horrex	TVH
121	66:51	16	Phillip Turner	Ealing Eagles
122	66:55	5	Peter Ellis	Barnet & District
123	66:57	118	John Brosnan	Queens Park
124	67:15	126	Peter Reupke	Queens Park
125	67:17	116	Daniel Lewis	Mornington Chasers
126	67:25	1	David Barnes	Horwich RMI
127	67:29	153	Daniel Glebocki	Stragglers
128	67:35	9	Nick Davies	Ealing Eagles
129	67:45	134	Jerry Lockspeiser	Serpentine
130	68:00	149	Trevor Cummings	St Mary's Richmond
131	67:12	57	Mark Watson	Highgate
132	67:13	184	Simon Rubens	TVH
133	68:29	122	Gareth Keillor	Queens Park
134	68:34	150	Simon Brazil	Stragglers
135	68:40	59	Alex Batchelor	Hillingdon
136	69:01	203	Peter Jeffrey	West 4

137	70:10	145	David Greenstein	Shaftesbury
138	71:15	204	Gary Robinson	West 4
139	73:04	120	Jon Edwards	Queens Park
140	73:12	6	Matthew Sleeman	Barnet & District
141	73:15	15	Jose Manuel Pabon	Ealing Eagles
142	74:07	115	Gary Homewood	Mornington Chasers
143	76:40	4	Tom Morris	H&W
144	80:03	128	Charles Tatham	Queens Park
145	86:45	189	William Burbridge-James	VPH&THAC
146	104:08	125	William O'Connor	Queens Park

Team Result (6 to score):

1. TVH 52 (3,5,7,9,13,15)
2. London Heathside 109 (4,6,23,24,25,27)
3. Harrow 112 (8,16,18,20,22,28)
4. Hillingdon 255 (10,14,38,42,70,81)
5. Serpentine 290 (12,30,37,54,75,82)
6. VPH&THAC 336 (11,21,60,65,76,103)
7. Highgate 340 (2,35,51,61,77,114)
8. Queens Park 443 (26,62,66,68,98,123)
9. Ealing Eagles 461 (52,69,73,79,80,108)
10. Mornington Chasers 560 (72,84,86,96,97,125)
11. Stragglers 589 (44,50,116,118,127,134)

12 to score (first team outside first 3 teams above):

None



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Senior Women - 8,000m (approx)

Position	Time	Number	Name	Club
1	32:26	47	Hannah Viner	Highgate
2	33:15	2	Yasmin Marghini	Herne Hill
3	33:44	1	Hannah Cox	Fulham
4	34:13	43	Yasmin Goater	Highgate
5	34:52	65	Brogan Wallace	London Heathside
6	35:27	107	Emily Jeanes	Trent Park
7	35:38	108	Jessica Prior	Trent Park
8	36:10	97	Sophie Biggs	Stragglers
9	36:10	59	Josie Hinton	London Heathside
10	36:27	91	Anna Hollingsworth	Serpentine
11	36:30	109	Stephanie Ainley	TVH
12	36:53	32	Lucy Ashe	Harrow
13	36:58	110	Lisa da Silva	TVH
14	37:02	105	Cyn Cano	Trent Park
15	37:03	90	Stephanie Tindall	Ranelagh Harriers
16	37:04	30	Nicola Ravenhill	ESM
17	37:13	104	Alex Baird	Trent Park
18	37:48	20	Sarah Gerrie	ESM
19	37:52	62	Rhian Male	London Heathside
20	37:55	84	Lizzie Broughton	Ranelagh Harriers
21	38:09	35	Federica De Caria	Harrow
22	38:11	61	Ciera Kennedy	London Heathside
23	38:26	46	Karina Thornton	Highgate
24	38:28	54	Hannah Wells	Hillingdon
25	38:37	103	Kat Alpe	Trent Park
26	38:39	106	Anja Greenwood	Trent Park
27	39:08	41	Louise Faherty	Highgate
28	39:20	3	Rebecca Schilleri	Dulwich
29	39:52	66	Genevieve Weston	London Heathside
30	40:09	18	Shona Cowper	ESM
31	40:25	79	Karima Harris	Queens Park
32	40:36	114	Rosie Vallance	TVH
33	40:46	27	Fiona Kennedy	ESM
34	40:52	102	Amelia Tearle	Stragglers
35	40:53	85	Cecily Day	Ranelagh Harriers
36	40:53	45	Sabina Russell	Highgate
37	40:58	122	Rachel Berry	West 4
38	41:03	72	Juliette Westbrook	Mornington Chasers
39	41:14	44	Ellen Kerr	Highgate
40	41:26	555	Fiona Hathaway (N/S)	Trent Park
41	41:32	55	Sara Black	London Heathside
42	41:55	16	Jennifer Watt	Ealing Eagles
43	42:44	71	Fiona Russell	Mornington Chasers

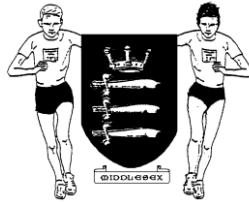
44	42:54	101	Julia Snaith	Stragglers
45	42:57	83	Rebecca Bissell	Ranelagh Harriers
46	43:11	124	Henrietta Marsh-Smith	West 4
47	43:14	40	Natasha Cendrowicz	Highgate
48	43:26	125	Sarah McIntosh	West 4
49	43:48	123	Rose Lewis	West 4
50	43:52	113	Fran Lou	TVH
51	44:15	24	Olivia Howes Smith	ESM
52	44:18	78	Fiona Eagle	Queens Park
53	41:20	7	Lucile Burlot	Ealing Eagles
54	44:35	5	Kathryn Ellis	Barnet & District
55	44:42	99	Julie Haworth	Stragglers
56	44:46	49	Zoe Dobbs	Hillingdon
57	45:00	37	Issy Jones	Harrow
58	45:14	56	Kimberli Butler	London Heathside
59	45:15	112	Joy Giorgi	TVH
60	45:37	42	Joanna Gardner	Highgate
61	46:10	34	Jennifer Coxon	Harrow
62	46:22	36	Paula Dunne	Harrow
63	46:40	67	Caroline White	London Heathside
64	46:43	92	Sarah Mackenzie	Serpentine
65	47:13	26	Barbro Julin	ESM
66	47:33	77	Gillian Cross	Queens Park
67	47:37	50	Sherre Kestell	Hillingdon
68	47:40	87	Ann Kearey	Ranelagh Harriers
69	48:51	29	Louise Prince	ESM
70	49:00	14	Anna Shierson	Ealing Eagles
71	49:22	13	Anne Sampson	Ealing Eagles
72	49:32	38	Lesley Mcardle	Harrow
73	49:45	12	Olivia Parker-Scott	Ealing Eagles
74	50:02	6	Liz Ainsworth	Ealing Eagles
75	50:03	31	Patricia Thomas	ESM
76	50:10	94	Catharine Sowerby	Serpentine
77	50:26	17	Tara Chandler	ESM
78	51:03	53	Pauline Smith	Hillingdon
79	51:06	25	Carol Jones	ESM
80	51:13	58	Sue Eedle	London Heathside
81	51:18	52	Nastaran Sepanj	Hillingdon
82	51:35	63	Rebecca Marshall	London Heathside
83	51:44	8	Grainne Devery	Ealing Eagles
84	51:46	22	Catherine Günnewicht	ESM
85	51:48	86	Clare Day	Ranelagh Harriers
86	51:49	80	Susan Kennedy	Queens Park
87	51:56	28	Liz Mann	ESM
88	52:22	82	Sally Bamford	Ranelagh Harriers
89	52:22	9	Jessica Hood	Ealing Eagles
90	52:28	15	Lisa Watson	Ealing Eagles
91	52:47	93	Avril Riddell	Serpentine
92	53:16	11	Suha Lagu	Ealing Eagles
93	53:51	19	Annette Galloway	ESM
94	56:20	73	Reena Aggarawal	Queens Park
95	57:12	21	Alison Grist	ESM
96	59:35	48	Vicky Brownlee	Hillingdon
97	60:58	51	Kerry Rose	Hillingdon

Team Result (4 to score):

1. Trent Park (6, 7, 14, 17) = 44
2. L. Heathside (5, 9, 19, 22) = 55
3. Highgate (1, 4, 23, 27) = 55
4. ESM (16, 18, 30, 33) = 97
5. TVH (11, 13, 32, 50) = 106
6. Ranelagh Harriers (15, 20, 35, 45) = 115
7. Stragglers (8, 34, 44, 55) = 141
8. Harrow (12, 21, 57, 61) = 151
9. West 4 (37, 46, 48, 49) = 180
10. Hillingdon (24, 56, 67, 78) = 225
11. Queens Park (31, 52, 66, 68) = 235
12. Ealing Eagles (42, 53, 70, 71) = 236
13. Serpentine (10, 64, 76, 91) = 241

Winner of Corlin Trophy :

ESM



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

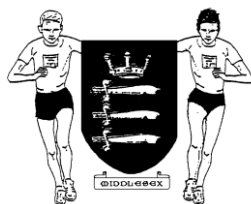
Under 20 Men - 8,000m (approx)

Position	Time	Number	Name	Club
1	21:46	553	Elias Ahmed	ESM
2	21:47	579	Luca Minale	VPH&THAC
3	22:51	567	Oliver O'Connor	London Heathside
4	23:12	569	Theo Machin-Paley	Shaftesbury
5	23:14	555	Chris Hudson	Harrow
6	23:29	575	William Douglas	Trent Park
7	23:33	559	Nathan Hackley	Hillingdon
8	23:51	572	Jonny Brook	St Mary's Richmond
9	24:00	552	Eddie Jodrell	Belgrave
10	24:34	576	Daniel Benton	TVH
11	24:36	577	Basil Rock	TVH
12	24:36	570	Dylan Michel	Shaftesbury
13	24:59	558	Finlay Sleeman	Highgate
14	25:37	571	Spencer Bateman	St Mary's Richmond
15	27:02	568	Jonathan Boardman	Shaftesbury
16	29:39	578	Shami Umashankar	TVH

Team Result (3 to score):

1. Shaftesbury (4, 12, 15) = 31

2. TVH (10, 11, 16) = 37



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 17 Men - 5,500m (approx)

Position	Time	Number	Name	Club
1	22:54	151	Sam Greenstein	Shaftesbury
2	23:15	150	Joshua Fisher	Shaftesbury
3	23:42	137	JACK BAILEY	Highgate
4	24:04	168	Sonny Maund	St Mary's Richmond
5	24:09	148	Spike Blake	Shaftesbury
6	24:25	144	Roni Kizilkaya	London Heathside
7	24:32	160	Alessio Ferrari	Trent Park
8	24:52	154	Leo Roncarati	Shaftesbury
9	24:53	149	Antonio Conradie	Shaftesbury
10	25:10	138	Finn Combe	Hillingdon
11	25:32	163	Max Bishop	TVH
12	25:49	162	Dominic Paine	Trent Park
13	26:13	142	Fred Beale	London Heathside
14	26:14	147	Janak Subberwal	London Heathside
15	26:25	157	Elliot Heath	St Mary's Richmond
16	26:44	159	Digby Turk	St Mary's Richmond
17	26:45	139	Zachary Dickens	Hillingdon
18	26:46	133	Callum Sydenham	Barnet & District
19	26:55	135	Jonah Mezey	ESM
20	27:40	132	Noah Clarke	Barnet & District
21	28:33	134	Joe Ward	Barnet & District
22	28:38	153	Louis Pelta	Shaftesbury
23	30:12	140	Aidan Hewitson	Hillingdon
24	31:31	141	Samuel Knight	Hillingdon

Team Results (3 to score):

1. Shaftesbury (1, 2, 5) = 8
2. L. Heathside (6, 13, 14) = 33
3. St. Mary's (4, 15, 16) = 35
4. Hillingdon (10, 17, 23) = 50
5. Barnet & District (18, 20, 21) = 59



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 17 Women - 5,000m (approx)

Position	Time	Number	Name	Club
1	26:20	52	Lara Mannes	B&B
2	27:10	67	Lauren Rusell	Highgate
3	27:43	53	Charlotte Harris	Barnet & District
4	28:06	66	Jess Parry	Highgate
5	28:26	58	Lucy Henson	ESM
6	30:12	76	Charlotte Edge	TVH
7	30:25	63	Julia Alonso-Gautrais	Highgate
8	30:45	68	Maia Hampton-Phillips	London Heathside
9	31:10	77	Zenia Gordon	TVH
10	31:12	74	Amy Howard	Trent Park
11	31:19	79	Elizabeth Noon	VPH&THAC
12	32:59	51	Emma Lord	Woodford
13	35:12	54	Florence Humphrey	Barnet & District
14	35:46	71	Fabienne Weston	London Heathside
15	35:47	65	Selin Ergun	Highgate
16	36:24	78	Lana Hilber	VPH&THAC

Team Result (3 to score):

1. Highgate (2, 4, 7) = 13

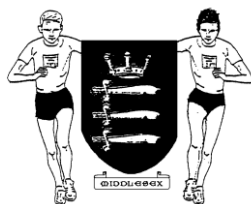
Under 20 Women - 5,000m (approx)

Position	Time	Number	Name	Club
1	26:04	279	Ellen Donald	Highgate
2	26:52	284	Charlotte Buckley	TVH
3	27:48	285	Isabelle Franco	TVH
4	27:58	282	Emily Hathaway	Shaftesbury
5	28:20	286	Jasmine Palmer	TVH
6	29:22	283	Natasha Tanner	Shaftesbury
7	31:33	278	Amira Nuseibeh	ESM
8	33:28	276	Katie Hay	ESM
9	36:45	277	Lauren Beale	ESM

Team Result (3 to score):

1. TVH (2, 3, 5) = 10

2. ESM (7, 8, 9) = 24



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 15 Boys - 4,000m (approx)

Position	Time	Number	Name	Club
1	15:34	22	Thomas Chadwick	Highgate
2	15:42	43	Charlie Brook	St Mary's Richmond
3	16:02	20	Liam Bailey	Highgate
4	16:20	15	Michael Cattini	Harrow
5	16:24	25	Alex Mulvihill	Highgate
6	16:26	45	Oscar Tivnann	Trent Park
7	16:28	8	Billy Fudge	Enfield & Haringey
8	16:46	11	Edward Flewitt	ESM
9	16:48	41	Jacob Clement	Shaftesbury
10	17:09	52	Lewis Palmer	VPH&THAC
11	17:10	34	Greg Berrisford-Sweet	London Heathside
12	17:13	49	Reggie Rock	TVH
13	17:14	13	Junias Lee	ESM
14	17:21	33	Tom Ballantyne	London Heathside
15	17:22	48	Louis Moore	TVH
16	17:27	32	David Bahh-Okyere	London Heathside
17	17:32	54	Edgar Sayers	VPH&THAC
18	17:40	31	Ryan Stoddart	Hillingdon
19	17:42	30	William Lammas	Hillingdon
20	17:47	42	Billy Bannon	St Mary's Richmond
21	17:48	46	Harry Greenfields	TVH
22	17:52	44	Jake Underdown	St Mary's Richmond
23	17:52	29	Alexander Lammas	Hillingdon
24	17:54	14	Isaac Mezey	ESM
25	18:00	51	Thom MacDonald	VPH&THAC
26	18:03	5	Edward Powell	Barnet & District
27	18:09	9	Alec Edgar	ESM
28	18:14	19	Oliver Tatham	Harrow
29	18:16	38	Ben Ryan	London Heathside
30	18:19	4	Monty Omell	Barnet & District
31	18:25	21	jamie Cameron	Highgate
32	18:29	2	Guy Fawcett	Barnet & District
33	18:53	23	Felix Cha-Kent	Highgate
34	19:06	1	James Andrews	Barnet & District
36	19:08	18	Dion Hubert	Harrow
37	19:09	37	Artie Feeny-Willings	London Heathside
39	19:33	55	Tom Scott-Gall	VPH&THAC
40	19:45	3	Harrison Lee	Barnet & District
41	20:22	6	Louie Samuels	Barnet & District
42	20:44	24	Joseph Drinkell	Highgate
43	20:46	35	Alex Butcher	London Heathside
44	21:06	40	Samuel Bordoley	Shaftesbury

Team Result (3 to score):

1. Highgate (1, 3, 5) = 9
2. L. Heathside (11, 14, 16) = 41
3. St. Marys (2, 20, 22) = 44
4. ESM (8, 13, 24) = 45
5. TVH (12, 15, 21) = 48
6. VPH&THAC (10, 17, 25) = 52
7. Hillingdon (18, 19, 23) = 60
8. Barnet & District (26, 30, 32) = 88



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 15 Girls - 4,000m (approx)

Position	Time	Number	Name	Club
1	16:38	147	Lyra MacDonald	VPH&THAC
2	16:44	129	Isabella Watkins	London Heathside
3	17:22	124	Hattie Munday	London Heathside
4	17:31	128	Emelia Watkins	London Heathside
5	18:06	111	Kayla Saunders	Harrow
6	18:09	127	Ruby Walls	London Heathside
7	18:14	143	Maya Sutaria	TVH
8	18:14	137	Skye Bishop	TVH
9	18:27	119	Ishaana Cannell	London Heathside
10	18:30	120	Lucy Corkin	London Heathside
11	18:52	133	Ava Holt	St Mary's Richmond
12	18:55	139	Anna Kelly	TVH
13	19:04	131	Molly Andrews	St Mary's Richmond
14	19:08	138	Orla Grist	TVH
15	19:08	106	Nicola Hewitt	ESM
16	19:16	116	Abigail Hackley	Hillingdon
17	19:18	140	Ava Levy	TVH
18	19:42	136	Selma Tivnann	Trent Park
19	19:44	144	Lexi Broadgate-Matthews	VPH&THAC
20	19:49	145	Maria Gordienko	VPH&THAC
21	19:53	117	Zoe Knight	Hillingdon
22	19:59	148	Sophie Whiteside	VPH&THAC
23	20:04	114	Faduma Omar	Highgate
24	20:06	134	Sabina Mert	St Mary's Richmond
25	20:10	122	Ella-Mai Hancock	London Heathside
26	20:29	125	Amara Odeogberin	London Heathside
27	20:31	113	Lili Hake	Highgate
28	20:40	130	Phoebe Music	Shaftesbury
29	20:50	118	Isla McGovern	Hillingdon
30	21:17	108	Zairah Newth	ESM
31	21:46	112	Bea Chadwick	Highgate
32	21:53	115	Calli Capsey	Hillingdon
33	22:27	107	Rosie Hewitt	ESM
34	22:41	110	Reha Siyani	ESM
35	22:46	146	Tallulah Laughton	VPH&THAC
36	23:00	121	Madison Frawley	London Heathside
37	27:08	109	Diya Siyani	ESM

Team Result (3 to score):

1. L. Heathside (2, 3, 4) = 9
2. TVH (7, 8, 12) = 27
3. VPH&THAC (1, 19, 20) = 40
4. St. Mary's (11, 13, 24) = 48

5. Hillingdon (16, 21, 29) = 66
6. ESM (15, 30, 33) = 78
7. Highgate (23, 27, 31) = 81



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 13 Boys - 3,000m (approx)

Position	Time	Number	Name	Club
1	11:42	42	Daniel Jelfs	St Mary's Richmond
2	11:43	44	Tom Mythen	St Mary's Richmond
3	12:05	37	Prince-Victorus John	Shaftesbury
4	12:08	39	Euan Phillips	Shaftesbury
5	12:31	17	Arjuna Pflug	Highgate
6	12:35	34	Koppany Szentes	London Heathside
7	12:59	36	Charlie Cutler	Shaftesbury
8	13:00	40	Laddie Shaw	Shaftesbury
9	13:16	33	Ben Redland	London Heathside
10	13:17	45	William Woods	St Mary's Richmond
11	13:18	24	Charlie Reed	Hillingdon
12	13:24	9	Mika Stripp	ESM
13	13:25	29	Frank Bailey	London Heathside
14	13:31	38	Zac Josephs	Shaftesbury
15	13:32	41	Harry Harding	St Mary's Richmond
16	13:33	3	Harry Jodrell	Belgrave
17	13:46	32	Alex Pountney	London Heathside
18	13:47	1	Oliver Flemming	Barnet & District
19	13:48	16	Billy Cooke	Highgate
20	13:51	28	Lewis Wake	Hillingdon
21	14:20	4	Gabriel Carpentier	ESM
22	14:43	47	Zachary Moore	TVH
23	14:47	10	Sam Sunderland	ESM
24	14:48	15	Charlie Robert	Harrow
25	14:49	31	Samuel McDermott	London Heathside
26	14:52	27	Adam Strinic	Hillingdon
27	14:52	43	Raphael Muller	St Mary's Richmond
28	15:00	21	Michael Knight	Hillingdon
29	15:02	25	Alexander Shotton	Hillingdon
30	15:10	8	Tom Price	ESM
31	15:12	2	Joshua McDonagh-Sanchez	Barnet & District
32	15:13	7	Noah Levy	ESM
33	15:29	6	Elliot Edgar	ESM
34	15:50	5	Inian Dhandapani	ESM
35	15:52	46	Sunny Jabbar	TVH
36	15:53	20	Jai Dhir	Hillingdon
37	16:17	18	Jaydon Testa	Highgate
38	16:19	19	Sam Ciftci	Hillingdon
39	18:30	12	Jonathan Walk	ESM
40	22:32	14	Darsh Kadam	Harrow

Team Result (3 to score):

1. St. Mary's (1, 2, 10) = 13

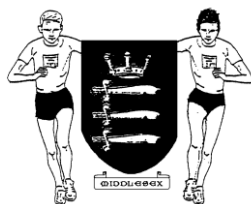
2. Shaftesbury (3, 4, 7) = 14

3. L. Heathside (6, 9, 13) = 26

4. ESM (12, 21, 23) = 56

5. Hillingdon (11, 20, 26) = 57

6. Highgate (5, 19, 37) = 61



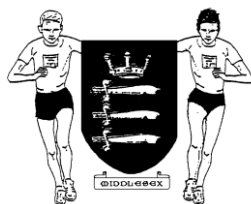
MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 13 Girls - 3,000m (approx)

Position	Time	Number	Name	Club
1	12:40	134	Posie Shaw	Shaftesbury
2	12:52	104	Jorjia March	Barnet & District
3	13:00	122	Kiara Corkin	London Heathside
4	13:28	114	Izzy Ions	Highgate
5	13:33	125	Amy Kirk	London Heathside
6	13:44	102	Naimah Mossi	B&B
7	13:50	119	Amae Van Zyl	Hillingdon
8	13:54	143	Emily Gould	VPH&THAC
9	14:08	101	Hissah Al Faisal	B&B
10	14:16	138	Rachel Riedlinger	St Mary's Richmond
11	14:17	115	Eloise Lindley	Highgate
12	14:23	135	Alex Andrews	St Mary's Richmond
13	14:31	113	Mia Cobbold	Highgate
14	14:46	136	Lucy Hopkins	St Mary's Richmond
15	14:56	144	Tallulah Stephens	VPH&THAC
16	14:57	123	Ivy Gray	London Heathside
17	15:04	172	POSS. WRONG NUMBER WORN	
18	15:14	137	Mabel McCarthy	St Mary's Richmond
19	15:16	109	Ella Smith	ESM
20	15:16	142	Anastasia Dines	VPH&THAC
21	15:17	131	Erin Giblin	Shaftesbury
22	15:23	127	Caitlin Roberts	London Heathside
23	15:29	139	Minna Williams	St Mary's Richmond
24	15:35	141	Xanthe Greenfields	TVH
25	15:38	133	Annabelle Panwar	Shaftesbury
26	15:43	108	Leila Newth	ESM
27	15:44	117	Angelina Isaacs	Hillingdon
28	15:45	126	Jessica Lappin	London Heathside
29	15:46	118	Edey Kestell	Hillingdon
30	16:14	121	Lila Blustin	London Heathside
31	16:21	129	Maya Westgate	London Heathside
32	16:24	120	Elkie Baker	London Heathside
33	17:19	110	Orla Butler	Harrow
34	17:27	107	Rosie Hartnett	ESM
35	17:46	112	Emma Dalton	Harrow
36	18:03	132	Eliza Leibowitz	Shaftesbury
37	18:30	158	Anika Thakrar	St Mary's Richmond

Team Result (3 to score):

- | | |
|---------------------------------|---------------------------------|
| 1. L. Heathside (3, 5, 16) = 24 | 5. Shaftesbury (1, 21, 25) = 47 |
| 2. Highgate (4, 11, 13) = 28 | 6. Hillingdon (7, 27, 29) = 63 |
| 3. St. Mary's (10, 12, 14) = 36 | 7. ESM (19, 26, 34) = 79 |
| 4. VPH (8, 15, 20) = 43 | |



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 11 Boys - 1,500m (approx)

Position	Time	Number	Name	Club
1	8:04	10	Jack Hayward	ESM
2	8:06	17	Vivek Chopra	Harrow
3	8:11	13	Marcus Muers	ESM
4	8:13	31	Rory Willis	London Heathside
5	8:15	37	Robin Greenwood	Trent Park
6	8:20	26	Charlie Nicolson	London Heathside
7	8:22	24	Joseph McDermott	Hillingdon
8	8:23	20	Eliyaan Jamal	Harrow
9	8:26	40	Luis da Silva	TVH
10	8:28	6	Leon Boulting	ESM
11	8:29	30	Mikail Wahid	London Heathside
12	8:40	36	Henry Ryan	Shaftesbury
13	8:40	25	Alex Kirk	London Heathside
14	8:41	34	Dennys Pascal	Shaftesbury
15	8:49	39	Thor Ceric	TVH
16	8:52	1	Alessandro Pecce	St Thomas' Battersea
17	8:57	41	Matteo Cinesi	VPH&THAC
18	9:02	22	Jack Cobbold	Highgate
19	9:13	28	Charlie Roberts	London Heathside
20	9:15	27	Alex Rankin	London Heathside
21	9:17	7	Joshua Devereaux-Joseph	ESM
22	9:20	19	Edward Hobbs	Harrow
23	9:40	16	James Butler	Harrow
24	9:42	18	Ethan Hinds	Harrow
25	9:43	32	Pip Young	London Heathside
26	9:49	29	Conor Roberts	London Heathside
27	9:52	14	Arlo Shiffner	ESM
28	9:59	21	Daniel Kunjasic	Harrow
29	10:02	42	Abraham Lock	VPH&THAC
30	10:09	8	Ilakian Dhandapani	ESM
31	10:11	3	Rex Bannister	Ealing Eagles
32	10:12	15	Ronnie Sunderland	ESM
33	10:13	23	Mohammed Omar	Highgate
34	11:12	35	Eddie Pascal	Shaftesbury
35	11:19	4	Alex Doxopoulos	Ealing Eagles

Team Result:

1. ESM (1, 3, 10) = 14

2. L. Heathside (4, 6, 11) = 21

3. Harrow (2, 8, 22) = 32

4. Shaftesbury (12, 14, 34) = 60



MIDDLESEX COUNTY AA CHAMPIONSHIPS RESULTS SHEET

Under 11 Girls - 1,500m (approx)

Position	Time	Number	Name	Club
1	8:28	51	Sofia Mossi	St.Marks School
2	8:31	61	Violet Muralidhar	ESM
3	8:41	52	Eleanor Stewart	Unattached
4	8:56	67	Elsie Fitzgerald	Hillingdon
5	9:05	56	Sofia Bennett	Ealing Eagles
6	9:12	79	Catrin Marsden	VPH&THAC
7	9:21	62	Sophia Sargeant	ESM
8	9:31	66	Nilou Heath	Harrow
9	9:33	76	Holbrook Hettie	Shaftesbury
10	9:34	65	Katie Dalton	Harrow
11	9:36	64	Beth Dalton	Harrow
12	9:39	59	Felicity Fudge	Enfield & Haringey
13	9:43	71	Charlotte Beale	London Heathside
14	9:51	77	Milica Milojevic	Shaftesbury
15	9:52	69	Anna Knight	Hillingdon
16	9:57	75	Vera Doudko	Shaftesbury
17	9:59	58	Edith Deacon	Enfield & Haringey
18	10:25	60	Artemis Krystallidi	ESM
19	10:28	74	Reka Szentes	London Heathside
20	10:34	78	Jasmyn Perrin	Shaftesbury
21	10:42	73	Tamara Pushpananthan	London Heathside
22	10:50	55	Victoria Zavadsky	Barnet & District
23	10:53	63	Jessica Walk	ESM
24	11:08	72	Isla Kavanagh	London Heathside
25	11:16	57	Elsa Camilleri	Ealing Eagles
26	11:46	68	Molly Kelly	Hillingdon

Team Result:

1. ESM (2, 7, 18) = 27
2. Harrow (8, 10, 11) = 29
3. Shaftesbury (9, 14, 16) = 39
4. Hillingdon (4, 15, 26) = 45
5. L. Heathside (13, 19, 21) = 53