

January 2003

11th January - Metropolitan Cross Country League Alexandra Palace

Senior Men

20th	Javier Pes	24mins 39s
24th	Andrew Evans	24mins 52s
25th	Alex Davidson (3rd V40)	24mins 53s
30th	Duncan Burbidge	25mins 13s
32nd	Chris Bailey	25mins 25s
42nd	Phil Coulson	25mins 51s
47th	Sergio Di Noto	26mins 06s
59th	Eric Southam	26mins 38s
62nd	Alistair Lindsay	26mins 50s
107th	Jim Eltringham	28mins 22s
108th	Joseph Lowe	28mins 22s
155th	Kevin Linehan	30mins 40s
176th	C Candy	31mins 44s

Team Position - 4th
Position after race 4 - 6th

Senior Women

1st	Astrid Wingle	13mins 52s
3rd	Kate Jenrick (1st V35)	14mins 07s
11th	Anna McCutcheon	14mins 40s
15th	Natasha Cendrowicz	14mins 50s
21st	Rhonda Munnick	15mins 04s
29th	Sarah Nicholls	15mins 26s
57th	Sharon Cooney	16mins 46s
70th	Jenny Turner	17mins 26s

Team Position - 1st
Position after race 4 - 1st

Under 17 Men

10th	Rory Campbell	13mins 26s
22nd	Saningo Martyn	14mins 18s

18th January - Middlesex Cross Country Champs Wormwood Scrubs

Senior Women (8000m)

2nd	Astrid Wingle	30mins 38s
10th	Anna McCutcheon	31mins 49s
12th	Natasha Cendrowicz	32mins 54s
13th	Esther Evans	33mins 17s
15th	Sarah Nicholls	33mins 25s
39th	Rebecca Tunstall	40mins 09s

Team positions

1st	Highgate Harriers	37 points
2nd	Shaftesbury Barnet	45 points
3rd	London Heathside	47 points

Under 17 Girls

10th	Nelsey Cassalas	25mins 58s
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Senior Men (12000m)

4th	Nick Martyn	42mins 36s
8th	Chris Beecham	43mins 32s
12th	Alex Davidson	44mins 01s
22nd	Duncan Burbidge	44mins 55s
24th	Chris Bailey	45mins 20s

25th	Andy Evans	45mins 28s
42nd	Craig Ross	47mins 21s
87th	Joseph Lowe	52mins 44s
107th	Steve Scruton	54mins 55s

Team positions

1st	Highgate Harriers	95 points
2nd	Thames Valley Harriers	116 points
3rd	London Heathside	140 points

Junior Men (6000m)

6th	Jonathan Deane	23mins 21s
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Under 15 boys (4000m)

5th	Rory Campbell	16mins 00s
9th	Saningo Martyn	16mins 20s

25th January - South of England Cross Country Champs Bicton, East Devon

Senior Women

17th	Kate Jenrick	25mins 01s
20th	Astrid Wingler	25mins 12s
30th	Anna McCutcheon	25mins 34s
38th	Sally Hannah	25mins 58s
46th	Natasha Cendrowicz	26mins 19s
56th	Sarah Nicholls	26mins 59s
62nd	Esther Evans	27mins 10s
142nd	Jenny Turner	30mins 31s

Team positions

1st	Windsor, Slough, Eton & Hounslow	64 points
2nd	Bedford & County AC	79 points
3rd	Highgate Harriers	105 points

Senior Men

34th	Nick Martyn	39mins 30s
96th	Jo Loader	41mins 38s
107th	Duncan Burbidge	41mins 59s
119th	Chris Bailey	42mins 29s
387th	Joseph Lowe	49mins 07s
506th	Phil Coulson	52mins 29s

Team position - 19th of 55 teams

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February 2003

1st February - Middlesex Veterans Cross Country Champs Mad Bess Woods - Ruislip

Men (8000m)

1st	Alex Davidson	29mins 08s
4th	Chris Bailey	29mins 40s
7th	Eric Southam	30mins 14s
34th	Steve Scruton	34mins 58s

Team positions

1st	Harrow AC	32 points
2nd	Highgate Harriers	46 points
3rd	Ealing, Southall & Middlesex	61 points

15th February - Metropolitan Cross Country League St Albans

Highgate women crowned League Champions 2002/2003

Senior Women

1st	Astrid Wingler	15mins 07s
3rd	Kate Jenrick (1st V35)	15mins 22s
12th	Sally Hannah	16mins 06s
13th	Natasha Cendrowicz	16mins 07s
15th	Sarah Nicholls	16mins 15s
18th	Rhonda Munnick	16mins 19s
32nd	Maria Psatha	17mins 26s
49th	Karen Wright	18mins 32s

Team Position - 1st

Final League position after race 5 - 1st

Senior Men

22nd	Alex Davidson	28mins 56s
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Final League position after race 5 - 9th

22nd February - National Cross Country Championships Parliament Hill Fields

Under 17 women (5K)

100th	Nelsey Cassalas	27mins 44s
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Under 15 boys (4½K)

44th	Rory Campbell	19mins 50s
186th	Saningo Martyn	22mins 11s

Junior men (10K)

104th	Jonathan Deane	42mins 43s
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Senior women (8K)

22nd	Sula Young	36mins 03s
29th	Astrid Wingler	36mins 37s
45th	Natasha Cendrowicz	37mins 21s
67th	Sally Hannah	38mins 30s
76th	Kate Jenrick	38mins 43s
89th	Sarah Nicholls	39mins 08s

189th Jenny Turner 44mins 09s

398 finishers

Team position - **5th** out of 43 complete teams

Senior men (12K)



32nd	Ben Pochee	43mins 57s
65th	Shane Snow	45mins 24s
89th	Nick Martyn	46mins 05s
132nd	Henry Dodwell	47mins 11s
139th	Joe Loader	47mins 19s
153rd	Alex Davidson	47mins 51s
164th	Chris Bailey	48mins 07s
179th	Chris Beecham	48mins 29s
203rd	Nick Gold	48mins 52s
232nd	Duncan Burbidge	49mins 30s
238th	Andrew Evans	49mins 34s
406th	Eric Southam	52mins 25s
465th	Sergio DiNoto	53mins 25s
503rd	Jim Eltringham	54mins 06s
560th	Dan Winfield	55mins 05s
629th	Joseph Lowe	56mins 30s
803rd	Jason	59mins 32s
841st	Nick Stockman	60mins 18s

1257 finishers

Team position

9th out of 100 complete teams (6 to score)

7th out of 40 complete teams (9 to score)

[Full results](#)

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March 2003

22nd March - Thames Valley Harriers Relays Stockley Park

Veteran Men (3 x 3.5 miles)

Leg 1	Alex Davidson (3rd fastest overall)	18mins 33s (1st)
Leg 2	Chris Bailey	19mins 06s (2nd)
Leg 3	Steve Scruton	21mins 54s (5th)

Team position - **5th**

Senior Men (5 x 3.5 miles)

Leg 1	Ben Pochee (3rd fastest overall)	17mins 16s (2nd)
Leg 2	Henry Dodwell	18mins 26s (3rd)
Leg 3	Sergio Di Noto	20mins 34s (8th)
Leg 4	Phil Coulson	19mins 00s (6th)
Leg 5	Chris Bailey	20mins 05s (8th)

Team position - 8th

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April 2003

6th April - South of England Road Relay Championships Milton Keynes

Women (6 x 5.5km)

Leg 1	Astrid Wingler (2nd)	19:22
Leg 2	Esther Evans (2nd)	19:45
Leg 3	Sally Hannah (1st)	20:14
Leg 4	Natasha Cendrowicz (2nd)	21:06
Leg 5	Sarah Nicholls (3rd)	20:50
Leg 6	Sula Young (1st)	19:21

Team Positions

dq	Highgate Harriers	2hrs 00:38
1st	South London Harriers	2hrs 01:13
2nd	Shaftesbury Barnet	2hrs 01:26
3rd	Bedford & County	2hrs 01:45

[Full results](#)

Men

Long leg (8km)			Short leg (5.5km)		
Leg 1	Ben Pochee (3rd)	24:26	Leg 2	Dominic Hall (6th)	18:04
Leg 3	Nick Martyn (7th)	25:35	Leg 4	Phil Coulson (9th)	18:20
Leg 5	Chris Beecham (9th)	25:42	Leg 6	Jim Eltringham (10th)	18:23
Leg 7	Javier Pes (9th)	26:52	Leg 8	Shane Snow (8th)	17:16
Leg 9	Alex Davidson (9th)	26:27	Leg 10	Duncan Burbidge (6th)	17:38
Leg 11	Chris Bailey (8th)	27:10	Leg 12	Andrew Evans (9th)	18:25

Team Positions

1st	Belgrave Harriers	4hrs 07:23
2nd	Newham & Essex Beagles	4hrs 11:51
3rd	Bedford & County	4hrs 16:54
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9th	Highgate Harriers	4hrs 24:18

[Full results](#)

13th April - The London Marathon

Men

39th	Nick Martyn	2 hrs 27mins 11s
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205th	Andrew Evans	2 hrs 44mins 10s
227th	Mark Wilcox	2 hrs 45mins 31s
439th	Chris Bailey	2 hrs 52mins 22s
1355th	Duncan Burbidge	3 hrs 07mins 12s
3096th	Kevin Linehan	3 hrs 24mins 46s
4345th	Roger Low	3 hrs 34mins 27s
10973rd	George Emorfopoulos	4 hrs 12mins 50s
23001st	Reginald Burbidge	6 hrs 04mins 47s

Women

53rd	Sarah Nicholls	3 hrs 04mins 10s
159th	Esther Evans	3 hrs 17mins 04s

26th April - Southern Womens Athletics League

Division 3N - Parliament Hill

1 -	HIGHGATE HARRIERS	146 points
2 -	Ryston Runners	104 points
3 -	Harlow RC	87 points
4 -	Eton Manor AC	58 points
5 -	Hillingdon AC	28 points

[Other Div 3N results](#)

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May 2003

3rd May - Southern Mens Athletics League

Division 1 - Ilford

1 -	Bournemouth	128.5 points
2 -	Ilford	104 points
3 -	Basildon	103 points
4 -	HIGHGATE HARRIERS	100.5 points
5 -	Worthing & District	90 points

Division 4E - Walthamstow

1 -	HIGHGATE HARRIERS	132 points
2 -	Stevenage & North Herts	108 points
3 -	Southend	102 points
4 -	Walthamstow	67 points
5 -	Ashford	DNS

17th May - Southern Mens Athletics League

Division 1 - Blackheath

1 -	Blackheath & Bromley	128 points
2 -	HIGHGATE HARRIERS	115 points
3 -	Chelmsford	111 points

4 - Cambridge	84 points
5 - Basingstoke	83 points

Division 4E - Dartford

1 - Blackheath	146 points
2 - Chelmsford	137 points
3 - HIGHGATE HARRIERS	108 points
4 - Dartford	73 points
5 - Bexley	DNS

31st May - Southern Mens Athletics League

Division 1 - Exeter

1 - Exeter	117 points
2 - Woking	111 points
3 - Harrow	108 points
4 - Winchester	103 points
5 - HIGHGATE HARRIERS	93 points

Division 4E - Bury St Edmunds

1 - West Suffolk	141 points
2 - Victoria Park & Tower Hamlets	123 points
3 - Tunbridge Wells & Langton	116 points
4 - HIGHGATE HARRIERS	87 points
5 - Herts Phoenix	Withdrawn

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June 2003

7th June - Southern Womens Athletics League

Division 3N - Copthall

1 - Victoria Park & Tower Hamlets	114½ points
2 - HIGHGATE HARRIERS	113 points
3 - Richmond & Twickenham	99½ points
4 - Biggleswade	4 points

[Other Div 3N results](#)

15th June - BAL Gold Cup (Men & Women)

Copthall

1 - Bournemouth	257 points
2 - London Heathside	207 points
3 - HIGHGATE HARRIERS	176 points

4 - Cheltenham	146 points
5 - Luton	141 points
6 - Yeovil	88 points

28th June - Southern Mens Athletics League

Division 1 - Cophall

1 - Southend	141 points
2 - HIGHGATE HARRIERS	133 points
3 - Shaftesbury Barnet	130 points
4 - Aldershot	84 points

Division 4E - New River

1 - Barnet/Trent Park	151.5 points
2 - Diss	128.5 points
3 - London Heathside	103 points
4 - HIGHGATE HARRIERS	72 points
5 - Eastbourne	10 points

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July 2003

5th July - Southern Womens Athletics League

Division 3N - High Wycombe

1 - Barnet	139 points
2 - Wycombe	121 points
3 - HIGHGATE HARRIERS	107 points
4 - Braintree	93 points

[Other Div 3N results](#)

12th July - Southern Mens Athletics League

Division 1 - Parliament Hill

1 - HIGHGATE HARRIERS	137 points
2 - Herne Hill Harriers	136 points
3 - Ashford	110 points
4 - Team Solent	69 ½ points
5 - Epsom & Ewell	66 ½ points

Division 4E - Parliament Hill

1 - Harlow	134 points
2 - Invicta East Kent	117 ½ points
3 - Hastings	114 points
4 - HIGHGATE HARRIERS	87 points
5 - Eton Manor	42 ½ points

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August 2003

2nd August - Southern Mens Athletics League

Division 1 - Peterborough

1 - Yeovil Olympiads	135 points
2 - Nene Vally Harriers	123 points
3 - HIGHGATE HARRIERS	113 points
4 - Vale of Aylesbury	82 points
5 - Windsor, Slough, Eton & Hounslow	73 points

[Final 2003 League Table](#)

Division 4E - Colchester

1 - Colchester Harriers	153 points
2 - Enfield & Haringey	140 points
3 - Paddock Wood	124 points
4 - HIGHGATE HARRIERS	44 points

[Final 2003 League Table](#)

9th August - Southern Womens Athletics League

Division 3N - Cambridge

1 - Southend	134 points
2 - Cambridge & Coleridge	121 points
3 - HIGHGATE HARRIERS	106 points
4 - Watford	88 points

[Other Div 3N results](#)

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September 2003

6th September - Southern Womens Athletics League

Division 3N - Woodford

1 - Loughton	190 points
2 - HIGHGATE HARRIERS	93 points
3 - St Albans	42 points
4 - Ilford	35 points

[Final League Table](#) [Other Div 3N results](#)

20th September - St Albans Cross Country relays

Women

Leg 1	Anna McCutcheon	17mins 00s
Leg 2	Natasha Cendrowicz	17mins 25s
Leg 3	Astrid Winglser	16mins 03s

Leg 4 Sarah Nicholls 17mins 48s

Team positions

1st Shaftesbury Barnet A 64mins 59s
2nd Shaftesbury Barnet B 67mins 54s
3rd **Highgate Harriers 68mins 16s**

Fastest Laps

1st - Chloe Wilkinson (Shaftesbury Barnet) 15 mins 45s
2nd - Julia Bleasdale (Hillingdon) 15 mins 46s
3rd - Astrid Wingler (Highgate Harriers) 16 mins 03s

[Full Womens Results](#)

Men (A team)

Leg 1 Henry Dodwell dnf
Leg 2 Nick Martyn 14mins 57s
Leg 3 Andrew Evans 14mins 50s
Leg 4 Javier Pes 14mins 36s
Leg 5 Duncan Burbidge 14mins 50s
Leg 6 Phil Coulson 15mins 17s

(B team)

Leg 1 Dale Bickham 14mins 10s
Leg 2 Chris Bailey 15mins 14s

[Full Mens Results](#)

27th/28th September - South of England Road Relays

Men

No Highgate team

Women

"A" Team

Leg 1 - Sula Young 13mins 13s (11th fastest)
Leg 2 - Gowry Retchaken 13mins 57s
Leg 3 - Sally Hannah 14mins 24s
Leg 4 - Astrid Wingler 13mins 33s (13th fastest)

"B" Team

Leg 1 - Esther Evans 14mins 34s
Leg 2 - Anna McCutcheon 14mins 50s
Leg 3 - Sarah Nicholls 14mins 51s
Leg 4 - Natasha Cendrowicz 14mins 53s

Team Positions

1st Shaftesbury Barnet "A" 53mins 47s
2nd **Highgate Harriers "A" 55mins 07s**

3rd Havant AC "A" 55mins 30s

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17th Highgate Harriers "B" 59mins 08s

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October 2003

4th October - Ealing Cross Country relays Horsenden Hill

Women (A team)

Leg 1 Anna McCutcheon 14mins 58s
Leg 2 Sula Young 13mins 35s (course record)
Leg 3 Astrid Wingler 13mins 56s

(B team)

Leg 1 Sarah Nicholls 15mins 00s
Leg 2 Kate Jenrick 14mins 20s
Leg 3 Natasha Cendrowicz 14mins 39s

(C team)

Leg 1 Jenny Turner 16mins 33s
Leg 2 Fiona Maguire 17mins 43s
Leg 3 Sula Young 14mins 32s

(D team)

Leg 1 Sarah Chapman 20mins 03s

Team positions

1st Highgate Harriers A 42mins 29s (course record)
2nd Shaftesbury Barnet A 43mins 07s
3rd Highgate Harriers B 43mins 59s

Men (A team)

Leg 1 Nick Gold 12mins 54s
Leg 2 Dale Bickham 12mins 06s
Leg 3 Chris Beecham 12mins 29s
Leg 4 Chris Bailey 13mins 08s
Leg 5 Phil Coulson 12mins 58s
Leg 6 Duncan Burbidge 12mins 44s

(B team)

Leg 1 Alistair Lindsay 13mins 32s
Leg 2 Nick Stockman 16mins 05s

Team positions

1st Harrow 74mins 56s
2nd Ealing, Southall & Middx 75mins 34s
3rd Highgate Harriers 76mins 19s
4th London Heathside 79mins 17s

4th October - North West London Young Athletes League Horsenden Hill

[Results](#)

11th October - Metropolitan Cross Country League Woodford

Women

1st	Sula Young	14m 00s
6th	Astrid Wingler	14m 40s
8th	Kate Jenrick	14m 45s
13th	Natasha Cendrowicz	15m 11s
18th	Anna McCutcheon	15m 28s
34th	Cathy Dawson	16m 37s
37th	Jenny Turner	16m 59s
86th	Sarah Chapman	20m 19s

Men

22nd	Chris Bailey (3rd Vet)	28m 55s
110th	Derek Baigent	33m 13
143rd	Dave Burrows	35m 27s
151st	Nick Stockman	35m 45s
175th	Duncan Burbidge*	37m 33s
178th	Andrew Evans*	37m 37s
	* missed start	

Team Position - 1st

Team Position - 17th

25th October - National Relay Championships Sutton Park, Birmingham

Women (A team)

Leg 1 -	Sula Young	14mins 50s (11th)
Leg 2 -	Gowry Hodge	15mins 44s (7th)
Leg 3 -	Sally Hannah	16mins 13s (10th)
Leg 4 -	Astrid Wingler	15mins 15s (12th)

Women (B team)

Leg 1 -	Kate Jenrick	15mins 40s (26th)
Leg 2 -	Natasha Cendrowicz	16mins 09s (21st)
Leg 3 -	Sarah Nicholls	16mins 42s (23rd)
Leg 4 -	Louise Curtis	16mins 16s (22nd)

Team positions

1st	Chester Le Street	59mins 09s
2nd	Charnwood AC	59mins 25s
3rd	Sale Harriers	59mins 58s

12th Highgate Harriers 'A' 62mins 02s

22nd Highgate Harriers 'B' 64mins 47s

[Full women's results](#)

25th October - Liddiard Cross Country Trophy Kingsbury

Men

6th	Andrew Evans	26mins 12s
7th	Henry Dodwell	26mins 18s

8th	Duncan Burbidge	26mins 24s
24th	Jeremy Rogers	28mins 17s
30th	Derek Baigent	29mins 50s
46th	Dave Burrows	31mins 10s
53rd	Nick Stockman	32mins 24s

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November 2003

1st November - Metropolitan Cross Country League Ruislip

Women

1st	Astrid Winger	16m 56s
2nd	Natasha Cendrowicz	17m 18s
3rd	Svenja Abel	17m 18s
4th	Kate Jenrick	17m 21s
12th	Emma Brady	18m 03s
16th	Sarah Nicholls	18m 29s
24th	Marguerite Lazell	19m 10s
33rd	Jenny Turner	19m 48s
51st	Karen Wright	20m 48s
56th	Fiona Maguire	21m 05s

Men

18th	Henry Dodwell	29m 12s
24th	Duncan Burbidge	29m 31s
25th	Nick Martyn (2nd Vet)	29m 33s
28th	Andrew Evans	29m 38s
32nd	Chris Bailey (3rd Vet)	29m 46s
117th	Dave Burrows	34m 28s
151st	Steve Scruton	36m 50s
156th	Nick Stockman	37m 04s
193rd	Alastair Campbell	39m 52s

Team Position - 1st

Position after race 2 - 1st

Team Position - 11th

Position after race 2 - 13th

Under 17 men

8th	Rory Campbell	16m 11s
9th	Saningo Martyn	16m 16s

8th November - North London Cross Country Championships Wormwood Scrubs

Highgate Harriers retained the team titles in both the womens and mens championships on Saturday.

Senior Women

1st	Astrid Winger (1st Vet)	21mins 04s
3rd	Kate Jenrick (2nd Vet)	21mins 41s
5th	Anna McCutcheon (3rd Vet)	22mins 15s
7th	Emma Brady	22mins 24s
10th	Sarah Nicholls	22mins 55s
16th	Becky Long	24mins 24s
18th	Jenny Turner	24mins 58s
22nd	Karen Wright	26mins 02s
23rd	Fiona Maguire	26mins 08s

Team Positions

1st	Highgate Harriers	16 points
2nd	London Heathside	37 points

3rd Serpentine 53 points

Senior Men

4th	Dale Bickham	27mins 59s
6th	Chris Beecham	28mins 22s
8th	Dominic Hall	28mins 58s
11th	Duncan Burbidge	29mins 09s
12th	Phil Coulson	29mins 20s
13th	Andrew Evans	29mins 24s
20th	Chris Bailey (1st Vet)	29mins 49s
36th	Jeremy Rogers	30mins 53s
47th	Nick Gold	31mins 36s
51st	Joseph Lowe	31mins 52s
52nd	Chris Evans	31mins 54s
57th	Ali Brown	32mins 40s
59th	Derek Baigent	32mins 42s
73rd	Jesus Anorve	33mins 56s
80th	Robin Basford	34mins 37s
81st	Nick Stockman	34mins 41s

Team Positions

1st	Highgate Harriers	54 points
2nd	Thames Valley Harriers	103 points
3rd	Ealing, Southall and Middx	156 points

15th November - SEAA Reebok International Cross Country Race (Incorporating Southern Vets Championships) Margate

Women

9th (2nd Vet)	Astrid Wingler	19m 17s
15th (3rd Vet)	Kate Jenrick	19m 36s
20th (7th Vet)	Anna McCutcheon	20m 23s

Men

27th (3rd Vet)	Nick Martyn	31m 43s
46th (13th Vet)	Chris Bailey	33m 36s

Team Position - 1st

15th November - North West London Young Athletes League Barnet

Results

22nd November - London Cross Country Championships Parliament Hill Fields

Women

1st	Astrid Wingler	18mins 49s
4th	Natasha Cendrowicz	19mins 08s
7th	Kate Jenrick	19mins 40s
9th	Anna McCutcheon	20mins 06s
13th	Sarah Nicholls	20mins 41s
21st	Marguerite Lazell	21mins 08s
26th	Cathy Dawson	21mins 32s
34th	Jenny Turner	21mins 56s

Men

4th	Chris Beecham	32mins 26s
5th	Shane Snow	32mins 30s
7th	Henry Dodwell	32mins 39s
10th	Dominic Hall	32mins 54s
13th	Nick Martyn	33mins 24s
18th	Duncan Burbidge	33mins 51s
19th	David Bruce (J)	33mins 55s
23rd	Andrew Evans	34mins 26s

38th Becky Long 22mins 28s
50th Karen Wright 23mins 19s
84th Brenda Hyers 27mins 56s

Team Positions

1st Highgate Harriers 21 points
2nd Hillingdon 53 points
3rd London Heathside 61 points
4th Highgate Harriers "B" 94 points

26th Chris Bailey 34mins 35s
46th Chris Evans 36mins 10s
49th Jeremy Rogers 36mins 23s
50th Andrew Collinge 36mins 31s
57th Joseph Lowe 36mins 55s
75th Jim Eltringham 38mins 07s
77th Jonathan Deane (J) 38mins 09s
81st Stephen Lord 38mins 39s
82nd Jason Cox 38mins 43s
90th Robin Basford 39mins 23s
93rd Derek Baigent 39mins 31s
100th Nick Gold 39mins 44s
126th Kevin Linehan 41mins 58s
135th Steve Scruton 42mins 29s
136th Nick Stockman 42mins 39s

Team Positions

1st Highgate Harriers 26 points
2nd Kent AC 39 points
3rd Highgate Harriers "B" 73 points
4th London Heathside 96 points

29th November - Metropolitan Cross Country League Horsenden Hill

Women

1st Astrid Wingler 13m 47s
3rd Natasha Cendrowicz 14m 11s
6th Anna McCutcheon 14m 31s
16th Sarah Nicholls 15m 04s
20th Esther Evans 15m 11s
22nd Elizabeth Ogunde 15m 22s
28th Cathy Dawson 15m 39s
34th Becky Long 15m 51s
47th Jenny Turner 16m 27s
55th Karen Wright 16m 47s

Men

6th Henry Dodwell 27m 22s
11th Dennis Fricks 27m 53s
25th Andrew Evans 28m 54s
36th Chris Bailey 29m 29s
93rd Jonathan Deane 31m 35s
136th Nick Stockman 33m 56s
159th Kevin Linehan 35m 14s

Team Position - 1st
Position after race 3 - 1st

Team Position - 11th
Position after race 3 - 13th

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December 2003

6th December - SEAA Inter County Champs Stowe

[Full Results](#)

6th December - Fraternity Cup Trent Park

Men

3rd	Henry Dodwell	25:39
5th	Nick Martyn (1st Vet)	25:53
12th	Duncan Burbidge	26:27
13th	Andrew Evans	26:31
16th	Chris Bailey	26:53
43rd	Jonathan Deane	29:25
45th	Joseph Lowe	29:38

Team positions

1st	Highgate Harriers	92 points
2nd	London Heathside	93 points
3rd	Ealing, Southall & Middx	123 points

Women

1st	Svenja Abel	30:20
3rd	Sarah Nicholls	31:13

20th December - North of the Thames Championships Alexandra Palace

Men

5th	Henry Dodwell	31mins 44s
8th	Dennis Fricks	32mins 18s
10th	Nick Martyn	32mins 33s
14th	Dale Bickham	33mins 26s
22nd	Chris Bailey	34mins 07s
29th	Phil Coulson	34mins 50s
35th	Jeremy Rogers	35mins 13s
41st	Jonathan Deane	36mins 15s
44th	Alistair Lindsay	36mins 31s
81st	Steve Scruton	41mins 10s

Team positions (6 to score)

1st	Highgate Harriers	88 points
2nd	Thames Valley Harriers	138 points
3rd	London Heathside	192 points

Under 17 Men

2nd	Rory Campbell	19mins 04s
12th	Saningo Martyn	20mins 16s



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