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**HIGHGATE
HARRIERS
NEWSLETTER**

highgateharriers.org.uk

DECEMBER 2013

ISSUE NUMBER 28

Your Club Committee would like to wish all our members a Very Merry Christmas and a Happy New Year. Here's hoping that 2014 continues to bring the 'success with a smile' for which Highgate Harriers is justly renowned!



EDITORIAL

.Well, it's been a while! Apologies for the long delay in getting this Newsletter out but it has highlighted something – **we need a new Newsletter editor!** If you fancy giving this a go, more details below, then get in touch.

In this issue we have some very **exciting news about next year's 10,000m Open**, reminder to **those who have yet to renew their subs that they will get a nasty letter shortly**, as well as celebrating our latest Jack Petchey winners. Info also about the club's Boxing Day Run – start getting rid of those extra pounds gained during the festive season by having a run over the Heath!

SUBS

Subs were due on 1st September, if you haven't yet paid you may well receive a letter reminding you! Get in quick, pay up by bank transfer to

Barclays Bank
Sort Code: 20-36-16
Account Number: 40039071

Please use the athlete name as reference. Renewal rates are:

Over 20 (1 st Claim)	£55
Over 20 (2 nd Claim)	£25
11-20 & full time students	£45
Under 11's	£25

Annual Renewal for 11-20 and Under 11's - Maximum £100 per family

10,000M – MAJOR NEWS!!!!!!!

Thanks to the hard work and negotiating powers of Ben Pochee, our 10,000m Open Meeting in 2014 will also now incorporate.....

THE ENGLAND ATHLETICS NATIONAL CHAMPIONSHIPS AND UKA GB SELECTION RACE FOR THE EUROPEAN CUP!!

Yes, you read it right, little old Parliament Hill will host a National track Championship race, with all the aplomb you have come to expect from a Highgate Harriers event – and more! We will still have the band, club maracas, rock music on the back straight (but with more speakers!), spectating area on the track, dancing girls (ok, maybe not the last one).

Date? SATURDAY MAY 10TH.

We also hope to have some community events during the day, so watch out for full details.

BOXING DAY RUN 26TH DECEMBER 2013

- This is a fun run from the track to Kenwood House and back in a large loop. There are no stewards, officials or route markers and you run at your own risk. Parents and others who are not members are welcome to join in. However fast or slow you may be – even walk and jog.
- Entry is by donating a small gift as a prize. Everyone wins a prize and chooses one in order that they return back to the finish line.
- This is a cross country race and not on the paths except in parts. Any child age 11 or under must be with a parent who runs with them. The race will take place whether it has snowed or is raining. The track facilities are not open.
- Start line is on grass next to the track and path. Please arrive at 10.45 to begin race at 11am. No need to book; just turn up. Images of the start line in years gone by.....



JACK PETCHEY ACHIEVEMENT AWARD WINNERS

We continue to run the very popular Jack Petchey Achievement Award Scheme, which celebrates the achievements of young people aged 11-25, with the Jack Petchey Foundation giving each winner £200 to spend on the club.

Our latest winners went to The Camden Centre for the Regional Awards Ceremony, and a pretty good time was had by all!



Top row: Ben Hatch, Terry Fawden and special guest Paralympian Athlete Danny Crates
Bottom Row: Linnet Mensuoh, Herbert Mensuoh, Alice Emlyn Jones, Jahziah Williams

WANTED!

NEWSLETTER EDITOR

As mentioned in the Editorial, we need a new Newsletter Editor. We should really be aiming to produce an issue every other month, probably takes a day or two gathering info then a few hours producing it, so nothing major really. You would have total control over what goes in, and would receive initial support. If you fancy giving it a go, or would like further details, get in touch.

LAST MINUTE PRESENTS

We have some **Hampstead Heath 2104 calendars** for sale at £8 each, with £1 going to club funds. They are available at the café area during training sessions so why not grab one (or more!) as Christmas presents.

